



**ADAMSON UNIVERSITY LIBRARY
WEBLINKS**

HOSPITALITY MANAGEMENT

JUNE 2016

FOODS AND FOOD SAFETY

THE BN BREWING NETWORK

<http://www.thebrewingnetwork.com/>

Retrieved June 21, 2016

An original show on home brewing beer and craft brewing. Each episode covers specific brewing topics to inform and entertain featuring world class professional brewers as guests. Includes beer news, beer events and a forum.

BUREAU OF FOOD AND DRUGS

<http://www.fda.gov.ph/>

Retrieved June 29, 2016

The BFAD is an internationally recognized center of regulatory excellence safeguarding the health of Filipinos. It aims to protect public health and ensure the safety, efficacy, purity and quality of all the products it regulates through the effective and efficient implementation of national policies consistent with international best practices.

CANNING BASICS FOR PRESERVING FOOD

<http://www.canning-food-recipes.com/canning.htm>

Retrieved June 9, 2016

Information about safe canning procedures, canning equipment, and recipes.

FNRI : FOOD AND NUTRITION RESEARCH INSTITUTE

<http://www.fnri.dost.gov.ph/>

Retrieved June 9, 2016

The Food and Nutrition Research Institute (FNRI), the principal research arm of the government in food and nutrition, is one of the research and development institute of the Department of Science and Technology (DOST). The Institute continues to provide relevant technologies and scientific information on food and nutrition.

FOOD AND DRUG ADMINISTRATION (PHILIPPINES)

<http://www.fda.gov.ph/>

Retrieved June 20, 2016

The Food and Drug Administration of the Philippines (Filipino: Pangasiwaan ng Pagkain at Gamot, or FDA, formerly the Bureau of Food and Drugs or BFAD) was created under the Department of Health to license, monitor, and regulate the flow of food, drugs, cosmetics, medical devices, and household hazardous waste in the Philippines. The FDA's main goal is to ensure the health and safety of food and drugs made available to the public.

FOOD TIMELINE: FOOD HISTORY RESEARCH TIPS

<http://www.foodtimeline.org/foodfaqa.html>

Retrieved June 21, 2016

Helpful advice and tips about how to conduct research on particular foods. Includes a list of "Tools of the Trade" and a glossary.

HENRIETTE'S HERBAL HOMEPAGE

<http://www.henriettes-herb.com/>

Retrieved June 9, 2016

A reference source for those looking for information on how to grow, harvest, prepare, and use herbs. The reference has information on a wide variety of herbs including tarragon, pyrethrum, rosemary, monarda, and thyme. The FAQ includes recipes such as "Basil jelly" and "Herb butter."

THE MAYO CLINIC - ORGANIC FOODS: ARE THEY SAFER? MORE NUTRITIOUS?

<http://www.mayoclinic.org/healthy-lifestyle/nutrition-and-healthy-eating/in-depth/organic-food/art-20043880>

Retrieved June 21, 2016

The famed Mayo Clinic provides numerous articles on nutrition and healthy eating. Here, "Learn the difference between organic foods and their traditionally grown counterparts."

NATIONAL HOT DOG AND SAUSAGE COUNCIL

<http://www.hot-dog.org/>

Retrieved June 9, 2016

"The Council conducts scientific research to benefit hot dog and sausage manufacturers. The Council also serves as an information resource to consumers and media on questions related to quality, safety, nutrition and preparation of hot dogs and sausages." Features include facts and trivia about hot dogs and sausage, including preparation and cooking.

NUTRASOLUTIONS

<http://www.nutrasolutions.com/>

Retrieved June 14, 2016

NutraSolutions provides information on emerging clinical research, ingredient technology and market updates to help guide the development of nutritional products. Subjects covered include business-challenging issues involving ingredient use, consumer trends, news, regulations, and science-based research.

ORGANICAUTHORITY.COM - ORGANIC FOOD, ORGANIC LIVING

<http://www.organicauthority.com/>

Retrieved June 21, 2016

Provides information on organic food and organic living including recipes, articles, health and beauty tips, and news.

PREPARED FOODS.COM

<http://www.preparedfoods.com/>

Retrieved June 29, 2016

The site offers suppliers an integrated and innovative portfolio of magazines, annual directories, conferences, newsletters, and internet-based products designed to ensure the successful marketing of your ingredients to the \$450 billion domestic food & beverage industry.

RUSSIAN FOODS.COM

<http://russianfoods.com/en/>

Retrieved June 21, 2016

Online grocer of Russian foods and specialties including clothing and Russian interests. Site can be in English or Russian Language. It includes recipes for traditional Russian foods like borscht, pelmeni, and bliny; also links to news items about Russian cuisine and women.

THE SAMUEL ADAMS BEER ENCYCLOPEDIA AND HISTORY OF BEER TIMELINE

<http://www.samueladams.com/>

Retrieved June 21, 2016

An encyclopedia and historical timeline related to beer and brewing. You must be over 21 to enter the website and are required to enter your birthday. Once on the site, you can navigate to the encyclopedia and the history of beer through the "World of Beer" link.

SCIENCE OF COOKING

<http://www.scienceofcooking.com/>

Retrieved June 29, 2016

Ever wonder why eating eggs makes them fluffy? Or what the common link is between pickles and cheese? Find out about recipes, the chemistry of food, and fun food facts.

THE VEGETARIAN RESOURCE GROUP

<http://www.vrg.org/>

Retrieved June 21, 2016

The Vegetarian Resource Group is a non-profit organization that educates the public on vegetarianism and related issues of health, nutrition, ecology, ethics, and world hunger. Its Web site includes vegetarian and vegan recipes and information about vegetarian and vegan health and nutrition, including information about children.

THE SPLENDID TABLE

<http://www.splendidtable.org/>

Retrieved June 23, 2016

Website for the cooking- and food-related public radio program, hosted by Lynn Rosetto Kasper. You'll find recipes and cooking tips, highlights from the current program, and an archive of past shows (in RealAudio format).

WINE INTRO

<http://www.wineintro.com/>

Retrieved June 21, 2016

An Internet guide for making and drinking wine, with feature articles, Website links, and discussion forums. Topics covered include festivals & tastings, winemaking, wine merchants, grapes, glassware, and wine clubs.

RECIPES

ALL RECIPES – COMPLETE RESOURCE FOR RECIPES AND COOKING TIPS

<http://allrecipes.com/>

Retrieved June 9, 2016

You've come to the right place. The site offers more than 40000 free recipes - all created, tested, reviewed and approved by home cooks.

ANNA MARIA'S OPEN KITCHEN

<http://www.annamariavolpi.com/page57.html>

Retrieved June 21, 2016

This website features traditional Italian cooking recipes. Each recipe is illustrated in step-by-step pictures throughout the preparation and cooking process

ASIA FOOD

<http://asiasociety.org/blog/asia/food-recipes>

Retrieved June 21, 2016

An online resource of Asian food terms and recipes from Charmaine Solomon's Encyclopedia of Asian Food. Search the glossary by keyword or browse through an alphabetical listing.

ASIARECIPE.COM

<http://www.asiarecipe.com/>

Retrieved June 21, 2016

An "everything you wanted to know" resource about Asian recipes and cooking. The highlights of the site are the country-specific areas, which provide a historical and cultural profile of each of 2 dozen Asian nations, followed by recipes for main dishes, vegetarian dishes, sauces, and desserts from each country.

A BOKE OF GODE COOKERY

<http://www.godecookery.com/godeboke/godeboke.htm>

Retrieved June 21, 2016

"A collection of authentic medieval recipes translated & redacted for the modern kitchen, with other historical recipes, articles on medieval history, graphics, photographs, & many other resources."

CHEF2CHEF CULINARY PORTAL

<http://www.chef2chef.net/>

Retrieved June 16, 2016

Serves as the chef's practical guide to practically everything. Whether you're a professional chef, an aspiring culinary student, or just love to cook, you're bound to find something you'll love.

THE CONGO COOKBOOK: AFRICAN RECIPES

<http://www.congocookbook.com/>

Retrieved June 21, 2016

A collection of recipes from all over the African continent, with observations about African food and cooking. Recipes are grouped by region and by ingredients. Info about other African cookbooks also provided.

COOKING.COM

<http://www.cooking.com/Recipes-And-More/default.aspx>

Retrieved June 9, 2016

Chef's catalog has been known by cooking enthusiasts as the go to source for the finest quality kitchen products, cookware, cutlery, bakeware and more. A complete resource for all your favorite recipes

CULINARY CAFE

<http://www.culinarycafe.com/>

Retrieved June 21, 2016

The makers of the Culinary Cafe describe it as "the Internet's best hand-picked recipe archive." Its many recipe categories are all searchable. There are also a FAQ sheet (with conversion information) and a page featuring detailed cooking tips and hints. There are also interactive chat and bulletin boards.

THE DAILY GULLET

<https://forums.egullet.org/>

Retrieved June 21, 2016

Originally a discussion board for food lovers, The Daily Gullet now includes articles, recipes, jobs, forums and discussions, and interviews with chefs.

DISCOVERING TEA

<http://www.discoveringtea.com/>

Retrieved June 21, 2016

Provides information on tea and tea production in China, India, Nepal, Taiwan, Japan, and Sri Lanka.

ELECTRIC CHEF

<http://www.electricchef.com/index.htm>

Retrieved June 8, 2016

Here you will find recipes, from Around the World, like Asian, European and some Mediterranean dishes. They have also included some quick recipes that can be prepared and cooked in less than an hour. There is a long list of Filipino dishes in the Asian section.

EPICURIOUS.COM: RECIPES, MENUS, COOKING ARTICLES & FOOD GUIDES

<http://www.epicurious.com/>

Retrieved June 21, 2016

Browse over 85,000 recipes from both pros and amateurs. Find and post reviews of restaurants, dishes and entertainment ideas. The perfect place to nourish your love of food and share that love with others!

FILIPINO RECIPE

<http://www.allfavoriterecipe.com/>

Retrieved June 28, 2016

A Pinoy Recipe – My Filipino Food Recipes it's all about my favorite Filipino recipes atbp... All Favorite Recipe Site is a collection of favorite recipes to be prepared for in meals and during parties and special occasions. The recipes featured in this site caters different type of cuisine.

FOOD

<http://www.food.com/>

Retrieved June 21, 2016

"Browse thousands of recipes in a unique category hierarchy or find recipes using our powerful search engine which finds title as well as ingredient matches, and a Fridge Search which will find recipes you can make with what you have on hand, without having to go to the store. Every recipe is displayed in an easy to read format.

THE FREE INTERNET BREAD RECIPE ARCHIVE: BREAD NET

<http://www.reciperascal.com/>

Retrieved June 21, 2016

This archive was started with the notion that although it is impossible to break bread with all the peoples of the world, at least through the global medium of the internet we can share some recipes!" Includes both traditional and bread machine recipes.

KOSHER CERTIFICATION

<http://www.koshercooking.com/>

Retrieved June 21, 2016

Collection of recipes including Hanukkah, High Holidays, and Passover main dishes, breakfasts and desserts, as well as everyday recipes. Also includes links to Passover UseNet archives and other kosher cooking resources.

KUSINA atbp

<http://www.kusinaatbp.com/default.php>

Retrieved June 9, 2016

The portal of premier Filipino recipes. The recipes are mainly constituted of traditional Filipino and Filipinized dishes ranging from the very popular to the very unique. The recipes in the database were gathered from friends, cookbooks and from personal sources.

LUTONGBAHAY.COM

<http://www.lutongbahay.com/index.cfm?pagename=home>

Retrieved June 9, 2016

The first and only cooking portal site to highlight regional Filipino food recipes. Avail of their premium membership and become a part of a thriving community where cooking experts and cooking newbies can share and interact with fellow enthusiasts online.

MANGIARE BENE

<http://www.mangiarebene.com/>

Retrieved June 21, 2016

An Italian Internet recipe archive and guide to Italian cooking; traditional, regional innovative Mediterranean cuisine." Features several categories of recipes and a section on terminology, etiquette, and cooking tips.

"M&M'S" STUDIOS BAKERY

<http://www.mms.com/>

Retrieved June 16, 2016

This site features recipes for cooking snacks and desserts with M&M's, as well as more general cooking tips.

NO RECIPES - TECHNIQUES, INSPIRATION AND COOKING TIPS FROM MY JAPANESE KITCHEN

<http://norecipes.com/>

Retrieved June 21, 2016

Provides information on experimental cooking from diverse cultures, including recipes and articles.

ONEIDA INDIAN NATION - NATIVE FOODS

<http://www.oneidaindianation.com/culture/threesisters/cookbook/410121012.html>

Retrieved June 21, 2016

Known as the "sustainers of life," the Iroquois consider corn, beans and squash to be special gifts from the Creator. The well-being of each crop is believed to be protected by one of the Three Sister Spirits.

PASTA RECIPES - FOOD NETWORK

<http://www.foodnetwork.com/topics/pasta.html>

Retrieved June 21, 2016

Tons of free pasta recipes from the chefs at Food Network. Search the entire pasta collection or watch videos of chefs cooking pasta meals. Comment and rate pasta recipes or save them to a free Food Network account for easy access.

RECIPE ARCHIVE INDEX

<http://www.cs.cmu.edu/~mjw/recipes/>

Retrieved June 21, 2016

This is a comprehensive collection of recipes which have been posted on the newsgroup rec.food.cooking. Included are recipes for people on special diets, such as vegetarians and diabetics.

RECIPECENTER.COM

<http://www.eg-software.com/en>

Retrieved June 21, 2016

RecipeCenter has over 100,000 recipes for you. Download our Recipe Software for Free. The Recipe Software enables you to add, modify, delete, import, print recipe card, recipe sizing, and download recipes from the site. Compile your own recipes using our recipe software.

RECIPESOURCE

<http://www.recipesource.com/>

RecipeSource is an online recipe database project started in 1993 by Berkeley University which now holds over 70,000 recipes. The database is fully searchable by ingredient, type of dish (side, main) and ethnicity. In addition to food recipes, there are recipes for pet treats and hair and skin products, along with cooking hints and tips.

SOUTH AMERICAN FOOD

<http://southamericanfood.about.com/>

Retrieved June 9, 2016

Complete guide to South American cuisine, with recipes, photos, menus, cooking techniques, glossary, discussion forum, and more.

SPICE ENCYCLOPEDIA

<http://www.spiceadvice.com/encyclopedia/index.html>

Retrieved June 29, 2016

Spice information "from allspice to vanilla". Entries for each spice include origin, historical usage, flavor range, and storage tips.

THE VEGETARIAN SOCIETY OF THE UNITED KINGDOM

<https://www.vegsoc.org/>

Retrieved June 21, 2016

Includes recipes, information sheets, and health and nutrition research.

VEGSOURCE

<http://www.vegsource.com/>

Retrieved June 21, 2016

Includes over 5,000 vegetarian recipes as well as general information on eating a good vegetarian diet. Also provides reading recommendations, book reviews, and many discussion boards about vegetarianism and related topics.

RESTAURANTS

HAPPY COW'S GLOBAL GUIDE TO VEGETARIAN RESTAURANTS

<https://www.happycow.net/>

Retrieved June 21, 2016

"HappyCow's Global Guide is a free vegetarian restaurant guide, providing vegetarians around the world with vegetarian & vegan healthy restaurant dining and health food store locations."

MARKET MANILA

<http://www.marketmanila.com/>

Retrieved June 20, 2016

The site provides help to two groups of people : new arrivals and interested locals who had no clue where to find ingredients, what local produce existed, where to get specialty food items, etc. It also helps farmers, market vendors, retailers, who had the foresight to seek out the best the Philippines has to offer and take the risk of selling these to nutcases.

MUNCHPUNCH

<http://www.munchpunch.com/>

Retrieved June 9, 2016

This site serves as the premiere source of restaurant menus, deals and promos, reviews and ratings in the Philippines.

MYFOODTRIP.COM

<http://www.myfoodtrip.com/>

Retrieved June 9, 2016

Online directory of restaurants, bars and cafes in the Philippines and seeks to be a one-stop destination for anything related to food. This site includes thousands of listings arranged by location, cuisines, resto type and malls.

THE NATURAL FOOD HUB

<http://www.naturalhub.com/>

Retrieved June 21, 2016

Information about growing and buying natural foods. Site also contains a newsletter and essays about nutrition and food consumption from an evolutionary perspective.

PINOY RESTO

<http://www.pinoyresto.com/>

Retrieved June 9, 2016

A website that provides directory solution to Filipino restaurants to most cities in America. It also include famous recipes and funny videos for your entertainment. Pinoy Resto is your guide to restaurants, bars and food place in the Philippines.

RESTAURANT REPORT

<http://www.restaurantreport.com/>

Retrieved June 21, 2016

Catering to the independent restaurant owner, this site provides information on restaurant management as well as tips on how to deliver "outstanding local dining experiences!" Restaurant Report is a sister site to RunningRestaurants.com and is the publisher of a major industry e-newsletter.

TSIBOG

<http://www.tsibog.com/>

Retrieved June 9, 2016

Tsibog.com is your online guide to Philippines food & world class Filipino cuisine, Filipino recipes, famous Filipino chefs, Philippine restaurants, bars, cafes, and the ultimate Filipino dining experience.

VEGDINING.COM

<http://www.vegdining.com/Home.htm>

Retrieved June 21, 2016

Guide to vegetarian restaurants around the world. Search by geographic region. Accepting new submissions. Links to other vegetarian and vegan resources.

TOURISM AND HOSPITALITY

CLARK SUBIC MARKETING

<http://www.clarksubicmarketing.com/index.htm>

Retrieved June 9, 2016

This is your one-stop portal detailing every aspect of the Clark and Subic Bay Economic Freeport Zones. This Website features detailed pages showcasing the incredible resorts, hotels, theme parks, golf courses and business development opportunities available within these two vacation and business zones.

DEPARTMENT OF TOURISM

<http://www.tourism.gov.ph/Pages/default.aspx>

Retrieved June 9, 2016

The Department of Tourism (DOT) shall be the primary government agency charged with the responsibility to encourage, promote, and develop tourism as a major socio-economic activity to generate foreign currency and employment and to spread the benefits of tourism to both the private and public sector.

HOTELS MANILA

<http://www.hotels.com/>

Retrieved June 9, 2016

Hotels.com is a leading provider of hotel accommodation worldwide, offering reservation services through its own network of localized websites and its telephone call centers. The site also gives travelers one of the widest selections of accommodation on the net, including both independent and major chain hotels as well as self-catering in over 100,000 properties worldwide. The company offers a one-stop shopping source for hotel pricing, amenities and availability and also specializes in providing travelers with accommodation during sold-out periods.

ISLANDSACCOMODATIONS.COM

<http://www.islandsaccommodations.com/about.htm>

Retrieved June 9, 2016

This is a site primarily focused in assisting leisure and business travelers in their trips to any major destinations in the Philippines. With a very simple on-line booking system, would-be travelers can personally search through the best hotel and resort properties available in the Philippines.

MYTRAVELGUIDE

<http://www.mytravelguide.com/>

Retrieved June 9, 2016

The travel guides section contains a wealth of information from other travelers covering the best destinations and tourist attractions around the world.

PHILIPPINES HOTELS AND TRAVEL GUIDE

<http://www.philtravelcenter.com/>

Retrieved June 9, 2016

Philippines Travel and Hotel Guide is a travel site partner for Philippine travel agencies, tour operators, hotels, resorts, and travel, leisure and tourism companies. Their objective is to help their Travel Partners launch their Internet promotions, special discounts and attractive packages.

TOURISM PHILIPPINES

<http://tourism-philippines.com/>

Retrieved June 9, 2016

Tourism-Philippines.com is a non-commercial travel guide to Philippines, providing unbiased updated travel information, advice and tips for anyone who plans to visit Philippines. The purpose of this site is to help promote Philippines tourism by providing good quality, independent and reliable travel information for visitors – about the good, the bad and the indifferent, the hidden places and the tourist traps, where to find value and how to avoid being ripped off. I hope that you enjoy this travel guide and become inspired to visit this incredibly diverse, beautiful and friendly country.

T R A V E L S M A R T . N E T

<http://www.travelsmart.net/ph/hotels/>

Retrieved June 9, 2016

Travelsmart.NET is an Online Travel Reservation System on Philippine hotels and resorts, Car Rentals, Domestic and International Flights. It also has hotel reservations on US, Europe and Canada and other Asian hotels. Their free service provides you, our valued clients, with detailed information on our partner establishments, such as rates (with special discounts for Internet users), promos, facilities, and more.